

**ACTIVE OLDER ADULTS MAKE HEALTHY CHOICES  
WITH WALGREENS AND MIAMI-DADE PARKS**

Healthy Choices Clinics by Walgreens is a collaboration between Miami Dade Parks Recreation and Open Spaces and Walgreens which provides local clinics where Active Older Adults, 55 and over, can receive Blood Pressure, Glucose and Cholesterol Screenings and immunizations for Flu, Pneumonia and Shingles. The Healthy Choices Clinics are presented weekly at one of the 14 Active Older Adults Recreation Hubs. A registered pharmacist is available to answer any questions regarding medications. The Healthy Choices Clinics provide the opportunity for continued medical observation through screenings ,multiple times during the year, in a familiar and convenient location. For additional information and schedule of clinics please call 786-372-9701 or email: [tavssa@miamidade.gov](mailto:tavssa@miamidade.gov).

**Healthy Choices Clinics Schedule:**

October 23, 2014	Deerwood Bonita Lakes Park	Brandon Davis	305.234.1660
October 30, 2014	Goulds Park	Victor Jenkins/Rebecca Zephir	305.255.2399
November 6, 2014	Gwen Cherry Park	Bobby Johnson	305.694.4889
November 13, 2014	Highland Oaks Park	Helder Valle	305.932.2164
November 20, 2014	Westwind Lakes Park	Mercy Morgan/Mariella Prieto	305.388.4771
December 4, 2014	M.L.K. Jr. Memorial Park	Ariel Vance/Jessica Daniels	305.633.2044
December 11, 2014	North Trail Park	Yuliet Gomez	305.207.2420
December 18, 2014	Ruben Dario Park	Katina Barnes	305.222.2194
January 8, 2015	South Dade Park	Lasonja Davis	305.247.9453
January 15, 2015	Tropical Estates Park	Mike Trompeta	305.226.5782
January 22, 2015	West Perrine Park	Julia Banks	305.235.2053
January 29, 2015	Arcola Lakes Senior Center	Linda Baker	305.694.2728
February 5, 2015	Continental Park	Joe Fernandez/Aileen Alino	305.274.9666
February 12, 2015	Country Village Park	Linda Baker/Ariel Vance	305.622.2594
February 19, 2015	Deerwood Bonita Lakes Park	Brandon Davis	305.234.1660
February 26, 2015	Goulds Park	Victor Jenkins/Rebecca Zephir	305.255.2399
March 5, 2015	Gwen Cherry Park	Bobby Johnson	305.694-4889
March 12, 2015	Highland Oaks Park	Helder Valle	305.932.2164
March 19, 2015	Westwind Lakes Park	Mercy Morgan/Mariella Prieto	305.388.4771
March 26, 2015	M.L.K. Jr. Memorial Park	Ariel Vance/Jessica Daniels	305.633.2044
April 2, 2015	North Trail Park	Yuliet Gomez	305.207.2420
April 9, 2015	Ruben Dario Park	Katina Barnes	305.222.2194
April 16, 2015	South Dade Park	Lasonja Davis-Miller	305.247.9453

April 23, 2015	Tropical Estates Park	Mike Trompeta	305.226.5782
April 30, 2015	West Perrine Park	Julia Banks	305.235.2053
May 7, 2015	Arcola Lakes Senior Center	Linda Baker	305.694.2728
May 14, 2015	Continental Park	Joe Fernandez/Aileen Alino	305.274.9666
May 21, 2015	Country Village Park	Linda Baker/Ariel Vance	305.622.2594
May 28, 2015	Deerwood Bonita Lakes Park	Brandon Davis	305.234.1660

**About Walgreens:**

As the nation's largest drugstore chain with fiscal 2014 sales of \$76 billion, Walgreens (www.walgreens.com) vision is to be America's most loved pharmacy-led health, wellbeing and beauty enterprise. Each day, in communities across America, more than 8 million customers interact with Walgreens using the most convenient, multichannel access to consumer goods and services and trusted, cost-effective pharmacy, health and wellness services and advice. Walgreens' scope of pharmacy services includes retail, specialty, infusion, medical facility and mail service, along with online and mobile services. These services improve health outcomes and lower costs for payers including employers, managed care organizations, health systems, pharmacy benefit managers and the public sector. The company operates 8,207 drugstores with a presence in all 50 states, the District of Columbia, Puerto Rico and the U.S. Virgin Islands. Walgreens' digital business includes Walgreens.com, drugstore.com, Beauty.com, SkinStore.com and VisionDirect.com. Walgreens also manages more than 400 Healthcare Clinic and provider practice locations around the country.

**About the Miami-Dade County Parks, Recreation and Open Spaces Department:**

Nationally accredited, a three-time winner of the NRPA National Gold Medal Award, winner of the 2013 Florida Governor's Sustained Excellence Award and the 2009 Florida Governor's Sterling Award for excellence in management and operations, Miami-Dade County Parks is the third largest county park system in the United States, consisting of 260 parks and 12,825 acres of land. It is one of the most unique park and recreation systems in the world. Made up of more than just playgrounds and athletic fields, it also comprises out-of-school, sports-development, and summer-camp programs; programs for seniors and people with disabilities; educational nature centers and nature preserves; environmental restoration efforts; arts and culture programs and events; the renowned Zoo Miami and the Deering Estate at Cutler; the Crandon Tennis Center; golf courses; beaches; marinas; campgrounds; pools; and more. For information about Miami-Dade County Parks call 3-1-1, or visit [www.miamidade.gov/parks/](http://www.miamidade.gov/parks/).

Miami-Dade County Parks is supported by **The Parks Foundation of Miami-Dade** a non-profit 501(c)3 organization supporting the Miami-Dade County Parks, Recreation and Open Spaces Department's efforts to further develop Miami-Dade County's world-class parks system for residents and visitors. Its mission is to create a healthier, more livable and sustainable Miami community by ensuring the implementation of the Parks Open Space Master Plan and the development of year-round park and recreation programs for local children, adults and people with disabilities. For more information on the Parks Foundation, please visit [www.liveaparklife.org](http://www.liveaparklife.org).

To request material in accessible format, information on access for persons with disabilities, or sign language interpreter services (7 days in advance), call (305) 755-7848.

